



Barkly House Directory
Term 2 - 2021

REDLIP

RedLip is a forward-thinking Digital Agency able to assist with Social Media, Web Design, Public Relations and Content Creation.

We specialise in tailor-made packages suited to small businesses across all industries and we're committed to helping people and companies grow to reach their full potential and achieve their marketing goals and objectives.

For people who are on their own or part of a small team, navigating the digital world can not only be daunting but also time consuming. Let us form part of your external team and take a load off to give you more time to focus on the tasks that no one else can do.

All consultations and proposals are free of charge so there really is no harm in getting in touch to see if we can help.



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Well Mother & Child Clinic

Support for growing families

Antenatal Classes
Newborn / Baby / Child Consultations
Lactation Consultations
Vaccinations

Sr. Tasha Perreard
Registered Nurse &
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-  Victoria House
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Rondebosch
-  021 689 6930
-  wmc_clinic
-  wmc_clinic
-  info@wellmotherandchildclinic.co.za
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'Delightful Tales About Difficult Topics' is a series of books written to facilitate honest & healthy conversations between parents and kids. The goal of each book is to make it easier for parents to have open conversations about complex topics, not covered enough within the children's book genre.

'Willow asks Why?', the first Delightful Tale, is a story about the ever-curious Willow, who begins to question why there seems to be a different set of rules, for people of different races. Packed with light-hearted illustrations, the powerful message is that we should always question the world around us and learn to see the 'invisible' roles that privilege & structural racism play. Only then can we challenge them.



Greenhouse Farm Produce is a brand of Bell Pepper based products that started as a passion project. Rather than throwing away perfectly good produce when the market was flooded with peppers, Greenhouse Farm Produce started a range of bottled hot sauces, perfect as a glaze, condiment or preserve.

- It ticks so many boxes:
- ✓ Free delivery to Southern Suburbs
 - ✓ Gluten Free
 - ✓ Preservative Free
 - ✓ Vegan
 - ✓ Halaal
 - ✓ Organic Peppers
 - ✓ Sugar Free (Hot Sauces)
 - ✓ Locally made

Products:

- R35: Roast Yellow Pepper & Pineapple Hot Sauce
- R35: Roast Red Pepper & Sundried Tomato Hot Sauce
- R45: Sweet Pepper & Chilli Sauce
- R45: Sweet Pepper & Pineapple Chutney

Combo Specials:

- R130: Any four hot sauces
- R150: Any four jars
- R165: Family Pack (one of each of the products)



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-  delightfultales.co.za
-  hello@delightfultales.co.za

-  082 214 7582
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I started my little OOPS! business when my grandchildren were born. My dribble cloths and pretty muslin blankets soon become a favourite amongst my 5 daughters, their friends and friends of friends. I decided to cover costs and especially in lockdown, to sell my items. It is made with 100% cotton and my muslin blankies are 130x130, nice and big to swaddle your little one in.

I love experimenting with different prints so there are always new and exciting dribble cloths, muslin blankets and taglets to choose from at very affordable prices

Estelle Fourie.

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Sovest South Africa, is a small consulting firm, with a wide range of expertise. Carey is an accomplished Chartered Accountant, with a strong sense of business. She has a variety of experience in the local and international reporting and finance sectors, including human resources and general management.

An initial meeting with Carey will quickly determine what services and assistance can be tailored and provided to your specific set-up.

In a nutshell our services include:

- Accounting, bookkeeping & AFS (compilation and independent reviews)
- Taxation and all SARS related matters
- Payroll & human resource services
- Compliance – including Legal, tax and secretarial
- Due diligence & valuations
- Financial controls
- Budget and company financial expectations or goals



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The perfect gift idea!

At AMYA Blankets we seek to provide style, comfort and luxury to every home through our wide range of luxury collection blankets and throws. We have blankets to suit every taste and home decor theme. Let us know whatever your needs are so we can assist.

Our online blanket shop showcases a variety of luxury throws and mink blankets which are delivered directly to your door.

Reach out and let me know which piece from our range speaks to you. Let us make peaceful sleeps, glorious naps and warm snuggles a reality.



Experienced & innovative architectural office located in Newlands

Past projects include private houses, multi residential developments, and offices.

Over 15 years experience in large and small scale projects.

Adding value through intuitive and sensible architectural design solutions



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@davidsnydersarchitects

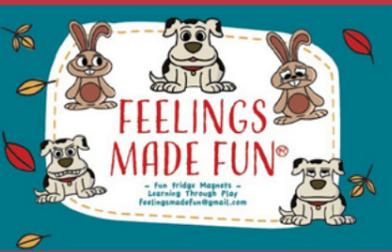
davidsnyders.com

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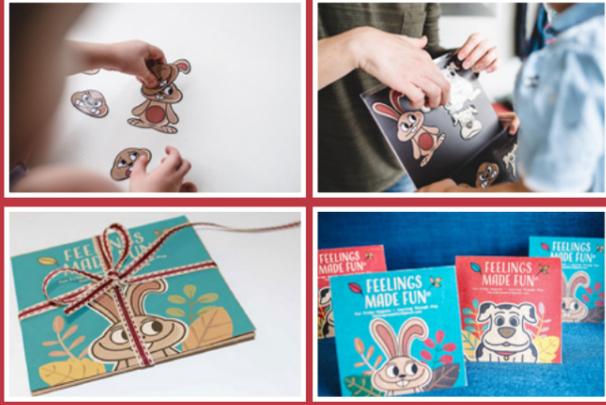
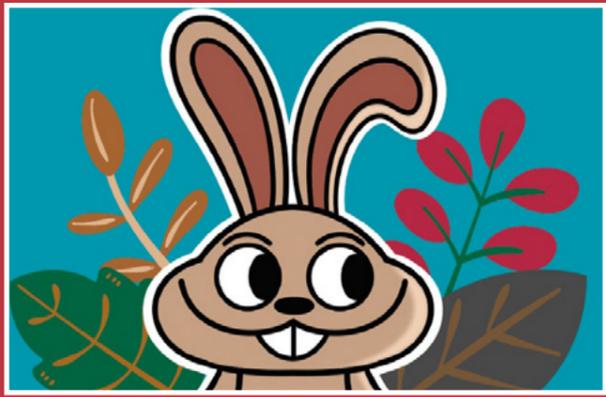
@amyablankets

amyablankets@gmail.com

071 302 4577



Children learn through play, and what better way to help develop their EQ than through fun play. Introducing Bouncy Dog and Delightful Bunny: quirky little animal magnets who have interchangeable key emotions that children can recognise and identify with. They will provide your child with a nifty little tool to help them describe their feelings, and you with a means to validate and respond to them, helping your kids feel more accepted, more confident and self-aware. It's fun, just pop the magnets on the fridge and play! Only R100 per pack. It's a beautiful thing seeing children learn about who they are, when given the correct tools to express themselves.



@feelingsmadefun
 079 493 6020

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 feelingsmadefun@gmail.com

First Schoolwear

Affordable quality since 1999

First Schoolwear was established in 1999 and today proudly serves more than 150 schools. We are a female owned business and specialise in manufacturing and retailing school uniform. We manufacture our own product - this ensures we have complete control over the quality and customisation of our schoolwear and accessories. We sincerely believe that by providing affordable, quality school wear - we contribute to developing our young leaders of tomorrow.



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 @first_schoolwear_and_apparel

firstschoolwear.co.za
 021-461-8555 / 082 771 9267

MAY SPECIAL

Lindor Mini Eggs Bag Milk 100g
TWO for R60 (retail 52 each)

Lindor Mini Eggs Bag Milk 300g
Two for R150 (retail R139 each)

MOTHERS DAY 9 MAY 2021 !!!

Lindor Swiss Luxury Selection Box 145g
R105 (retail price R180)

Lindor Cornet Silver Limited Edition 125g
R55 (retail price R85)

Lindt Sensation Dark Raspberry & Cranberry 150g
TWO FOR R90 (retail price R75 each)

Lindt Excellence Raspberry Intense 100g
R35 (retail price R55)

Lindor Assorted Napolitains 500g
R220 (retail price R350)

Lindor Cornet Milk Mint 500g LARGE
R155 (retail price R250)

Lindor Truffles (sold individually)
New Mint
Salted Caramel
R4 per Lindor truffle each (retail price R7, 50)
SPECIAL - 25 FOR R90

For Lindt chocolate lovers out there!

A selection of Lindt chocolate at **40% or more below retail prices**, as expiry date is 1-4 months from now which shops won't stock despite shelf life being much longer.

If you're interested, pre-orders can be sent to capetownchoc@gmail.com (minimum order R250)

Stock is limited and options change as fresh stock becomes available so it is on a first come first serve basis.

Please use "**Barkly house**" as your reference and we will deliver your chocolates to the front desk for you.

Free delivery, or collection within the Southern Suburbs.

capetownchoc@gmail.com



Sofalux brings you affordable furniture and homeware, without compromising on quality or service. We are on hand to help you choose decor, furniture and homeware that reflects each client's unique personality.

Our success is based on our ability to identify and understand our customers' needs and fulfill and maintain service levels, with strict turnaround times which we adhere to.

- Our services:**
- Design & Reupholstery of: Sofas, Chairs, Beds, Headboards, Kids furniture

Restoring of: Antique wooden furniture



@sofaluxza_
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 info@sofalux.co.za



Looking for the perfect bridge between home and preschool for your 2yr old? Your little one can attend a Play Sense micro-playschool 3 to 5 mornings a week in a small group of no more than 6 toddlers.

Together with a nurturing teacher they will explore an exciting curriculum of sensory, outdoor and imaginary play, and art, stories and movement. With Play Sense, you have peace of mind that your child is experiencing age-appropriate learning activities that boosts their language, emotional and social skills – creating a firm foundation for preschool.

Play Sense micro-playschools are hosted in family homes where little ones feels safe.

Join a group or host a new group in your neighbourhood. Founded by parenting expert and best-selling author of Baby Sense, Meg Faure and Lara Schoenfield, founder of Nanny 'n Me.



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Play Sense

[CLICK HERE TO SIGN UP](#)



MUGEN MASTERY

The foundation for our self-esteem and values is rooted in our childhood experiences and beliefs.

Mind coaching with the use of holistic techniques such as Meditation, Hypnosis, Play and Imagination centred therapy, we empower children and young adults, giving them unshakable belief in themselves strengthening resilience and coping mechanisms for everyday life situations.

I work with children, tweens and teens to affect positive change in their lives. This is done through a series of one on one sessions, focused workshops, or group work.

We focus on solutions and techniques to improve behaviour and process fears such as: anxiety, confidence, "BIG" emotions, friendship issues, exams & homework, nightmares, bedwetting, social pressures and identity, self-confidence, and more.

One of the reasons that hypnotherapy for children can be so effective is that children make good use of their imaginations, they are very open to believing in magic. The treatment might include using stories, fairy tales and adventures, meeting a hero or even character from a favourite TV programme who advises you what to do, and these are all ideas that are easily accepted by young children.



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Bone studio was established by Nicola Orpen and Hayley Turner in 2011.

Under bone, and with 30 of collective experience, they have completed over 100 projects, spanning across retail, commercial, residential and hospitality fields.

With a cohesive, detail-attentive, studio team they have created a reputation for spaces that are inspired, playful yet progressive.



@BoneInteriorDesignStudio

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**If you'd like to add your business to the Barkly House
Directory for R200 per term, please email the PTA.**

barklyhousePTA@gmail.com

